

# INCREASING INCIDENCE AND GEOGRAPHICAL ANALYSES OF THYROID CANCER IN GREAT BRITAIN, 1976 - 2005

Dr Richard J.Q. McNally,  
Reader in Epidemiology,  
Institute of Health and Society,  
Newcastle University

[Richard.McNally@ncl.ac.uk](mailto:Richard.McNally@ncl.ac.uk)

# INTRODUCTION (1)

- Exact aetiology of thyroid cancer not known
- Exposure to ionizing radiation in early life is a risk factor in children & young people
- Can be a risk even at low levels

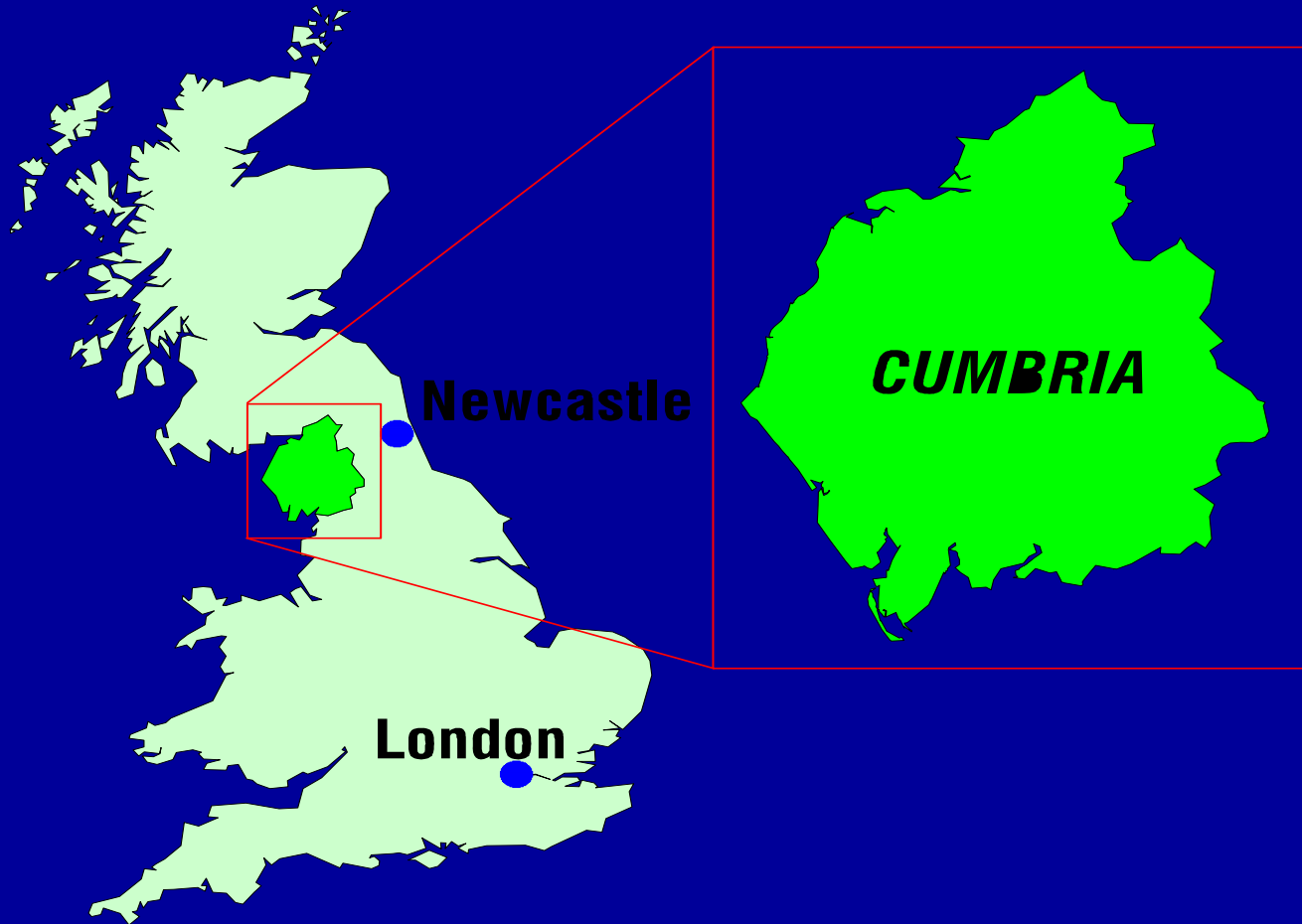
# INTRODUCTION (2)

- The nuclear accident in Chernobyl on 26<sup>th</sup> April 1986 released a radioactive cloud
- Reached northern England on 2<sup>nd</sup> May 1986
- Increases in incidence (after accident) reported in other parts of Europe & USA

# INTRODUCTION (3)

- Statistically significant increase in incidence in 0 – 24 year olds from northern England during post-Chernobyl period (1987 – 2005) previously found
- Increase was notably high in Cumbria

# INTRODUCTION (4)



# OBJECTIVES (1)

- To examine temporal trends & geographical variation in the incidence of primary thyroid cancers using an extended age-range & geographical area of Great Britain, diagnosed 1976–2005
- 0–49 year olds
- Northern England + Scotland + Wales

# AIMS

- (1) To analyse age, period & cohort effects
- (2) To compare incidence between the pre- & post-Chernobyl periods (1976–1986 & 1987–2005)
- (3) To analyse putative associations with area-based measures of deprivation & population density

# METHODS (1)

- Cases eligible for this study were all those diagnosed with primary differentiated (papillary or follicular) thyroid carcinoma
- Case data were obtained from four population-based regional registries in GB: Northern & Yorkshire, North West, Wales & Scotland



# METHODS (2)

- Cases were allocated to census small areas, allowing linkage to population data from the 1981, 1991 & 2001 censuses
- Age-standardised rates (ASRs) & 95% confidence intervals (CIs) were calculated

# METHODS (3)

- An adaptation of the Clayton-Schiffers method was used to analyse age-period-cohort effects. Negative binomial regression was used as data were sparse
- The following effects were analysed: age, sex, drift (linear trend), non-linear period & non-linear cohort

# METHODS (4)

- Relative risks (RRs) & 95% CIs were calculated for each geographical area
- Negative binomial regression was used to examine the effects of area-based measures of deprivation & population density

# RESULTS (1)

- 4327 cases analysed
- Males: ASR = 3.9 per million persons per year (95% CI 3.6–4.1)
- Females: ASR = 12.5 per million persons per year (95% CI 12.0–12.9)

# RESULTS (2)

- For temporal trends the best fitting negative binomial regression model included: age ( $P < 0.001$ ), sex ( $P < 0.001$ ) & drift (linear trend,  $P < 0.001$ )
- Non-linear period ( $P = 0.42$ ) & non-linear cohort ( $P = 0.71$ ) were NOT statistically significant

# RESULTS (3)

- The most marked statistically significant increases were seen in the areas of:
- North Yorkshire (RR=2.55; 95% CI 1.49–4.36)
- Hartlepool (RR=5.53; 95% CI 1.28–23.98)
- North East Lincolnshire (RR=2.55; 95% CI 1.05–6.19)

# RESULTS (4)

- North Lincolnshire (RR=3.46; 95% CI 1.02–11.77)
- York (RR=4.28; 95% CI 1.29–14.15)
- **Cumbria (RR=2.89; 95% CI 1.47–5.67)**
- Caerphilly (RR=2.67; 95% CI 1.00–7.14)
- Rhondda (RR=14.41; 95% CI 1.96–106.07)

# RESULTS (5)

- The Scottish Borders (RR=3.64; 95% CI 1.42–9.33)
- North Ayrshire (RR=2.76; 95% CI 1.06–7.21)
- North Lanarkshire (RR=2.82; 95% CI 1.51–5.28)



# RESULTS (6)

- There were statistically significant associations with:
- Population density (RR for an increase of one person per hectare=1.016;  $P<0.001$ )
- Deprivation (RR for an increase of one unit in the deprivation score=1.071;  $P<0.001$ )

# CONCLUSIONS (1)

- There has been a linear increase in the incidence of thyroid cancer which has led to a doubling of the number of cases diagnosed over a twenty year span
- The reasons for this increase are not well understood, but it is consistent with findings from other countries

# CONCLUSIONS (2)

- Higher incidence of thyroid cancer was observed in a number of different geographical regions
- Higher rates were also associated with urban living and greater deprivation, indicating that other environmental or lifestyle factors may play a role in aetiology

# FURTHER WORK

- Investigate the relationship between incidence of thyroid cancer and area-based level of caesium-137 deposition as measured in 1986

# ACKNOWLEDGEMENTS



- Financial support from the JGW Patterson Foundation & the North of England Children's Cancer Research Fund is gratefully acknowledged